



**BRISTOL HENLEAZE
SWIMMING CLUB**

United Bristol & Bristol Henleaze National Qualifier Level 1 Open Meet
10th & 11th March 2018 @ Hengrove Park Leisure Centre
Licence Number: 1SW180292

QUALIFYING TIMES – EQUAL TO OR FASTER THAN (LONG COURSE ONLY)

Female								
Event / Age	9	10	11	12	13	14	15	16+
50m Free	42.80	39.80	37.30	35.40	34.00	32.90	32.20	31.90
100m Free	1.38.30	1.26.20	1.19.30	1.15.20	1.12.70	1.10.70	1.09.60	1.08.10
200m Free	3.29.10	3.04.40	2.51.30	2.42.50	2.36.20	2.32.10	2.29.10	2.25.80
400m Free		6.27.40	5.56.40	5.38.80	5.26.30	5.18.00	5.12.80	5.06.30
800m Free			12.19.60	11.39.00	11.10.80	10.56.00	10.45.50	10.35.10
50m Back	50.20	46.00	43.10	40.90	39.40	38.00	37.00	36.60
100m Back	1.52.00	1.37.50	1.29.90	1.24.50	1.21.70	1.19.60	1.17.90	1.16.30
200m Back	3.52.70	3.26.30	3.11.00	3.00.60	2.54.30	2.49.80	2.45.80	2.42.80
50m Breast	57.00	51.20	47.80	45.00	43.10	41.50	40.60	40.10
100m Breast	2.08.70	1.50.30	1.41.60	1.35.20	1.30.80	1.28.50	1.27.50	1.25.20
200m Breast	4.27.30	3.55.50	3.36.60	3.24.90	3.15.50	3.09.50	3.06.70	3.04.00
50m Fly	48.20	44.00	40.70	38.60	36.70	35.70	34.80	34.20
100m Fly	1.47.70	1.37.10	1.27.90	1.22.60	1.19.10	1.17.20	1.15.50	1.14.00
200m Fly	3.56.60	3.34.60	3.12.60	3.01.70	2.53.50	2.48.00	2.44.70	2.41.30
200m I.M.	3.55.20	3.29.60	3.14.30	3.03.30	2.56.80	2.52.30	2.48.90	2.45.50
400m I.M.		7.26.20	6.47.30	6.24.30	6.10.60	6.02.00	5.55.20	5.48.70
Male								
Event / Age	9	10	11	12	13	14	15	16+
50m Free	42.60	39.00	37.00	34.90	33.00	31.30	29.70	28.40
100m Free	1.38.20	1.24.80	1.18.80	1.13.70	1.09.80	1.06.90	1.04.40	1.01.50
200m Free	3.23.40	3.03.60	2.52.30	2.40.80	2.32.60	2.25.60	2.20.70	2.13.70
400m Free		6.26.40	5.56.00	5.38.10	5.21.80	5.07.00	4.57.60	4.44.60
1500m Free			24.44.70	22.20.50	21.16.60	20.19.00	19.37.10	18.49.00
50m Back	50.30	46.00	43.20	40.50	38.20	36.10	34.50	32.70
100m Back	1.49.80	1.36.90	1.29.80	1.24.10	1.19.20	1.15.00	1.12.20	1.09.30
200m Back	3.46.70	3.25.80	3.12.00	3.00.70	2.50.30	2.42.30	2.36.00	2.28.60
50m Breast	56.80	51.60	48.20	44.60	41.80	39.70	37.80	35.80
100m Breast	2.07.70	1.50.70	1.41.50	1.34.70	1.28.80	1.24.60	1.21.40	1.17.00
200m Breast	4.20.50	3.57.20	3.39.10	3.25.20	3.12.50	3.02.50	2.55.40	2.47.00
50m Fly	48.80	43.50	40.80	38.10	35.90	34.00	32.20	30.60
100m Fly	1.49.40	1.35.80	1.27.70	1.21.50	1.16.80	1.12.80	1.09.80	1.06.50
200m Fly	4.02.70	3.32.30	3.12.50	2.59.90	2.49.90	2.40.90	2.34.40	2.27.60
200m I.M.	3.52.00	3.29.60	3.14.20	3.02.80	2.52.70	2.44.80	2.38.40	2.31.00
400m I.M.		7.26.30	6.50.80	6.26.70	6.06.40	5.49.30	5.36.20	5.22.60

Age on day: as at 11th March 2018