



**BRISTOL HENLEAZE
SWIMMING CLUB**

United Bristol & Bristol Henleaze National Qualifier Level 1 Open Meet
10th & 11th March 2018 @ Hengrove Park Leisure Centre
Licence Number: 1SW180292

PROGRAMME OF EVENTS

SUNDAY 11th March 2018

Session 1	Warm up 8.30	Start 9.00	Finish 10.00
17) Male	10/over	400m Freestyle	HDW
18) Female	10/over	400m I.M.	HDW

Session 2	Warm up 10.15	Start 11.00	Finish 14.00
19) Male	9/over	200m Butterfly	HDW
20) Female	9/over	200m Backstroke	HDW
21) Male	9/over	100m Breaststroke	HDW
22) Female	9/over	100m Butterfly	HDW
23) Male	9/over	50m Backstroke	HDW
24) Female	9/over	50m Breaststroke	HDW
25) Male	11/over	1500m Freestyle	HDW

Session 3	Warm up 14.15	Start 15.15	Finish 18.15
26) Female	9/over	200m Freestyle	HDW
27) Male	9/over	200m I.M.	HDW
28) Female	9/over	200m Breaststroke	HDW
29) Male	9/over	100m Freestyle	HDW
30) Female	9/over	100m Backstroke	HDW
31) Male	9/over	50m Butterfly	HDW
32) Female	9/over	50m Freestyle	HDW

All timings are approximate and subject to change