Derventio eXcel Swim Squad

Under ASA Laws and ASA Technical Rules of Swimming. Licence No 1EM190236

Long Course Qualifying Times

Girls

Event	10/11	12	13	14	15/16	17+
50m	37.3	35.4	34.0	32.9	31.9	31.8
Freestyle						
100m	1.19.3	1:15.2	1:12.7	1:10.7	1:08.8	1:08.1
Freestyle						
200m	2.51.3	2:42.5	2:36.2	2:32.1	2:27.5	2:25.8
Freestyle						
400m	5.56.4	5:38.8	5:26.3	5:18.0	5:09.2	5:06.3
Freestyle						
800m	12.19.6	11.39.0	11.10.8	10.56.0	10.36.0	10.28.3
Freestyle						
1500m	25.00.7	23.20.5	22.16.6	20.37.1	19.47.7	19.29.0
Freestyle						
50m	47.8	45.0	43.1	41.5	40.1	39.8
Breaststroke						
100m	1.41.6	1:35.2	1:30.8	1:28.5	1:26.1	1:25.2
Breaststroke						
200m	3.36.6	3:24.9	3:15.5	3:09.5	3:05.8	3:04.0
Breaststroke						
50m	40.7	38.6	36.7	35.7	34.2	34.2
Butterfly						
100m	1.27.9	1.22.6	1:19.1	1:17.2	1:14.8	1:14.0
Butterfly						
200m	3.12.6	3.01.7	2:53.5	2:48.0	2:43.3	2:41.3
Butterfly						
50m	43.1	40.9	39.4	38.0	36.6	36.3
Backstroke						
100m	1.29.9	1:24.5	1:21.7	1:19.6	1:17.1	1:16.3
Backstroke						
200m	3.11.0	3:00.6	2:54.3	2.49.8	2:43.9	2:42.8
Backstroke	2112	2.02.2	2.500			
200m Ind	3.14.3	3:03.3	2.56.8	2:52.3	2:46.9	2:45.5
Medley	C 47.2	6240	5.40.6			
400m Ind	6.47.3	6:24.9	6:10.6	6:02.0	5:50.8	5:48.7
Medley						

All entry times must have been achieved at licensed meets and will be directly checked with the ASA rankings files. Short Course conversions will be accepted.

Times must have been achieved since 9th April 2017







