

Somerset Amateur Swimming Association  
Age Groups & Championships 2019 Qualifying Times

All times are Short Course

Conversions using the A.S.A. Equivalent Performance tables are acceptable

BOYS										GIRLS					
10/11	12	13	14	15	16 & over	EVENT	10/11	12	13	14	15	16 & over			
39.20	36.10	34.10	32.30	30.00	29.90	50m Freestyle	39.70	36.70	35.30	33.00	32.50	32.00			
1:21.60	1:20.20	1:15.60	1:10.70	1:08.00	1:06.00	100m Freestyle	1:28.60	1:21.30	1:14.90	1:10.30	1:08.90	1:08.30			
3:10.60	2:54.20	2:41.50	2:33.00	2:25.70	2:21.50	200m Freestyle	3:10.70	2:51.30	2:41.70	2:31.90	2:28.60	2:26.40			
6:35.60	6:15.60	5:45.10	5:20.00	5:05.20	4:59.70	400m Freestyle	6:43.90	5:56.00	5:44.60	5:25.00	5:20.70	5:15.00			
	12:30.00	11:45.00	10:55.00	10:25.00	10:15.00	800m Freestyle		12:21.80	11:47.30	11:17.30	10:59.50	10:53.00			
	25:18.10	22:44.10	21:33.10	19:58.70	19:41.60	1500m Freestyle		25:17.00	22:46.00	21:36.00	20:08.00	19:58.00			
43.90	41.30	38.60	36.80	34.90	32.90	50m Backstroke	44.70	41.50	39.70	38.50	37.80	36.90			
01:35.50	1:29.90	1:23.50	1:18.00	1:14.50	1:11.30	100m Backstroke	1:35.20	1:27.00	1:22.90	1:19.00	1:17.60	1:16.90			
3:36.50	3:18.30	2:59.90	2:48.40	2:40.30	2:34.50	200m Backstroke	3:27.30	3:06.70	2:56.90	2:49.80	2:45.40	2:43.90			
51.00	48.10	44.90	41.60	39.70	38.40	50m Breaststroke	49.30	46.40	44.20	42.80	41.80	40.30			
1:45.40	1:42.70	1:36.70	1:32.10	1:28.00	1:24.00	100m Breaststroke	1:49.00	1:43.30	1:37.30	1:33.70	1:30.30	1:28.10			
4:05.30	3:50.60	3:31.80	3:15.30	3:04.90	2:59.30	200m Breaststroke	4:00.00	3:39.80	3:27.20	3:19.50	3:14.40	3:13.00			
46.00	43.80	41.60	39.30	37.30	34.50	50m Butterfly	46.30	44.00	42.00	41.00	39.00	37.00			
1:42.40	1:37.30	1:25.30	1:19.90	1:14.20	1:10.90	100m Butterfly	1:39.00	1:35.90	1:25.20	1:23.30	1:18.30	1:15.80			
3:41.70	3:23.00	3:05.40	2:58.10	2:43.50	2:36.90	200m Butterfly	3:35.30	3:18.20	3:04.30	2:56.00	2:50.00	2:48.00			
3:35.80	3:17.60	3:06.80	2:55.30	2:44.20	2:38.30	200m Individual Medley	3:37.30	3:14.30	3:06.80	2:54.00	2:49.00	2:47.20			
	7:00.30	6:52.00	6:20.30	5:59.60	5:49.40	400m Individual Medley		7:09.70	6:46.40	6:29.10	6:17.10	6:13.60			